



HEIDI'S HAPPENINGS

This Fall was a festive time full of fun, friendship, and getting ready for the holiday season. We visited Zachariah's Acres on September 14th, bringing in Autumn while enjoying nature's beauty. We started the morning harvesting apples and then making homemade apple cider and applesauce. Next, we participated in pumpkin bowling and ring toss, followed by an enjoyable hayride. Oh, and we can't forget about feeding the chickens our leftover apples!

HOLIDAY BOARD & BRUSH: On November 30th, we had 24 participants share their creativity and artistic abilities as they created their own wooden masterpieces. Thank you to the Arrowhead High School National Honor Society students for your help, support, and socializing with us. Community truly creates opportunities!

A CHRISTMAS CAROL: On December 3rd, we brought the holiday spirit to the Milwaukee Repertory Theater. It was the perfect Saturday afternoon starting with a bus ride with friends. The play was amazing as it captured our attention with its beautiful stage, charismatic actors, and entertaining special effects. An afternoon at the theater with friends, it doesn't get much better than this! Looks like we have started an annual Journey21 tradition.



VOLUNTEER RECOGNITION

We are excited to introduce Kristen Falkner as our new Creative Crafting Club Instructor. She is an Art Teacher at Arrowhead High School and has been teaching art since 2002. She loves sharing her passion of art with others. Kristen and her husband live in Oconomowoc with their two daughters and dog, Indiana (Indy). She loves to dance, swim, bike, and learn new art techniques and educational strategies. She recently earned her National Board Certification in teaching. Kristen will be offering art classes at the Enrichment Center this Spring, in addition to teaching our Creative Crafting Club. Thank you for sharing your creative and artistic abilities with us. Welcome to the Journey21 Family Mrs. Falkner!



CLUB CORNER

This quarter we are highlighting the Lunch Bunch Club which meets monthly on a Saturday afternoon at a different restaurant within the community. This club focuses on practicing social skills including initiating and maintaining conversations, as well as developing friendships. In addition, participants learn to become comfortable ordering their own food, appropriate table manners, and restaurant etiquette. The goal is to create fun conversation topics and encourage everyone to connect on a more personal level.

This past quarter we visited Birch & Banyan in Hartland and The Lumber Inn in Delafield. If you are interested in the Lunch Bunch Club, please visit the following link to learn more information or register: <https://www.journey21.org/journey-21-clubs>

IN THEIR OWN WORDS

"Thank you Journey21! There are not many social opportunities for our kiddos once they have "fallen off that cliff" after high school. I was so excited to learn of your organization this past year. Matt is so excited to look at the monthly calendar and see the activities and outings that he has scheduled for the month. When I asked him what his favorite one was this past quarter he said that it was a really hard question for him to answer because he loved all of them. What more needs to be said!!"

~ D. Purfuerst, Waukesha

"The Journey21 outings are fantastic! The variety of offerings makes it fun and educational. It's been wonderful for Sam to try new things and with each activity he has the opportunity to connect with old friends and grow by meeting new people."

~ C. Hoffman, Delafield



JOURNEY21 PARTNERSHIPS

Our amazing community continues to embrace the Journey21 vision and mission. We are thankful and proud to announce that we will be collaborating with the following businesses, schools, and organizations to make our Learning Academies an amazing experience for all who are involved:

- Arrowhead High School
- Camp Whitcomb in Hartland
- Community Smiles Dental
- Humane Society Animal Society-HAWS
- Inclusion Coffee Company
- Lake County DockHounds
- Marquette University- Clinical Rehabilitation Counseling Graduate Program
- MOD Pizza in Oconomowoc
- Mount Mary University - OT Doctoral Program and Clinical Rehabilitation Counseling Graduate Program
- Nx Level Sports Performance
- Special Fitness
- WCTC
- Wisconsin Adapted Sports Association

EDUCATIONAL ACADEMIES

Applications have officially opened for all three Academies!

SUMMER ACADEMY: The Summer Academy application is due by March 27, 2023 and families will be notified on April 3, 2023 on who was selected and for which session (June or July). Please visit the following link for more information and the application: <https://www.journey21.org/summer-academy>

LIFE ACADEMY: Applications for the Life Academy are due by April 10, 2023, and families will be notified on April 24, 2023. Please visit the following link for more information and the application: <https://www.journey21.org/life-academy>

18-21 TRANSITION ACADEMY: Applications for the 18-21 Transition Academy are due by April 10, 2023, and families will be notified on April 24, 2023. Please visit the following link for more information and the application: <https://www.journey21.org/1821-transition-academy>



ENRICHMENT CENTER UPDATES

We are excited to host our Second Quarter programs, outings, and clubs within our brand new Enrichment Center, which is scheduled to open in April 2023. We will continue to schedule community based activities such as bowling outings, Milwaukee County Zoo, Milwaukee Brewer games, State Fair Park, nature hikes, and so much more.

With the April opening of the Enrichment Center, we will be offering the following classes:

- Cooking and Baking classes in the Teaching Kitchen
- Art Therapy, Art Classes and Creative Crafting Club in the Oak Room
- Music Therapy, Music classes, and Music and Drum Club in the Maple Room
- Sport clinics, Yoga and Zumba classes, Fitness Training and so much more in our Gymnasium and Fitness Center

"Life is a Journey. Live your best life."